

Use of Patient Information in the Service

We want to offer the best possible service to patients. To do this, we have to assess our effectiveness and continually improve patient care, which means we need to collect data about you, your treatment and the outcomes and analyse it. The leaflet describes how the information helps to improve patient care.

What information is collected by the service?

This service collects information about you (e.g. postcode, date of birth, ethnicity) and the care you receive, including the assessments, treatments and your answers to questionnaires. This enables your progress to be monitored and future care planned. The information may be shared with other health professionals involved in your care, so that you get the best possible care. If you would like to see the information collected about you or find out more about how the information is stored and used locally please speak with the people who are treating you.

What information is collected nationally and how is it used?

Some of the information collected is sent to NHS Digital which is the central organisation that receives the same data from all NHS-funded IAPT services across England. The dataset is used to produce anonymised national reports that show summary numbers of, for instance, numbers of patients referred to different IAPT services across the country as well as average waiting times and outcomes.

The reports help the NHS to improve the care it provides to you and other patients. **No information that could reveal your identity is used in these national reports.** Security of patient information is very important in IAPT services.

The data may also be linked with other sources of data to support a wider range of information within these national reports, such as to investigate the relationships between IAPT services and other care services.

For more information about how NHS Digital uses IAPT data including the lawful basis for processing, how long they hold it for and your rights, please visit <https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-sets/improving-access-to-psychological-therapies-data-set>

How we keep your information safe

The service stores your information safely and securely on *IAPTus*, a patient management and reporting system, and sends national reporting information safely to a secure central data storage area. All data collected is subject to the strict rules of confidentiality, laid down by Acts of Parliament, including the Data Protection Act 2018 and the Health and Social Care Act 2001 and the NHS Care Record Guarantee.

Do you need to use my information?

IAPT national reports offer the most benefit when they use information from as many patients as possible, because this creates the most accurate picture of services. If, however, **you do not want** your information to be used for research and planning or would like to manage your choice about how your confidential patient information is used, then please visit the following website <https://www.nhs.uk/your-nhs-data-matters/> or telephone 0300 3035678. This will not affect your treatment in any way.